



# PROGRAM INFO

More for your money on the South Side!

## GIRLS **NEW CHILL** SPRING DEVELOPMENT SEASON

### **New Chill** Development Season March 26 - May 12 (7 Weeks)

GIRLS U 19	PRACTICE	Monday	7:30 PM	to	8:40 PM
	PRACTICE	Thursday	8:30 PM	to	9:40 PM
	GOALIES	Saturday	10:40 AM	to	11:40 AM
GIRLS U 16	PRACTICE	Monday	7:00 PM	to	8:10 PM
	PRACTICE	Wednesday	8:20 PM	to	9:30 PM
	GOALIES	Saturday	10:40 AM	to	11:40 AM
GIRLS U 14	PRACTICE	Wednesday	8:10 PM	to	9:20 PM
	PRACTICE	Friday	7:10 PM	to	8:20 PM
	GOALIES	Saturday	9:30 AM	to	10:30 AM
GIRLS U 12	PRACTICE	Tuesday	8:00 PM	to	9:10 PM
	PRACTICE	Friday	5:50 PM	to	7:00 PM
	GOALIES	Saturday	9:30 AM	to	10:30 AM

Coaching lineup is to follow at the conclusion of the 2006-2007 season.

The **NEW CHILL** does not believe in announcing coaches until the culmination of the current season.

### **New Chill** Spring Development Program only \$350 for 7 Weeks (Limited to 25 players per level)

Program Includes:

2 - 70 minute ice sessions per week

2 practices for 7 weeks

(You can't develop if you're not on the ice)

4 team Off Ice **GET FAST INC.** Training sessions

3 personalized **GET FAST INC.** hockey treadmill sessions

(Proper training requires proper instruction)

2 hours of Goalie instruction per week:

1 hour for U16 & U19

1 hour for U12 & U14

All Goalie instruction will be run  
by **G.E.T** Goaltending

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